



Good Samaritan Hospital
Vascular Surgery

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INSTRUCTIONS FOR THE FOLLOWING TESTS:

- AAA (Aortic Aneurysm) Ultrasound
- Aorto-Iliac Ultrasound
- Renal Artery Ultrasound
- Mesenteric Artery Ultrasound

PREPARATION FOR ULTRASOUNDS

- Eat a light dinner the night before your test, preferably clear liquids (jello, broths, tea)
- Before going to bed the night before the testing, take Gas-X, Mylanta, or some other over-the-counter acid digestion tablet.
- Do not eat or drink anything after midnight before coming for your testing.
- MEDICATIONS:** You may take any hypertensive medications prior to testing with a small sip of water.
- If you are diabetic, do your best to adhere to the instructions. If you must have something in the morning, you may have apple juice, or something else light (no orange juice). But, please do not eat or drink anything at least 3 hours prior to the test.

***Please note:** Some studies, (particularly renal ultrasounds) are very technically difficult, and you may be asked to return to the office for additional films. Do not be alarmed by this, as this is only done in order to get the best images possible.*

PREPARATION FOR AFTERNOON TESTING

- Please keep your dinner the night before light.
- MEDICATIONS:** Take your morning medications with water.
- You may have clear liquids only the morning of your test **PRIOR** to 8am. Do not eat or drink anything after 8am.