



*Good Samaritan Hospital
Vascular Surgery*

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PATIENT INSTRUCTIONS FOR PRE-ADMISSION TESTING AND PROCEDURE

If your procedure is scheduled at Good Samaritan Hospital:

You are to report to Patient Admitting at Good Samaritan Hospital on the day of surgery. You will enter through the main entrance of the hospital. Patient Admitting is located directly to your left as you enter the hospital.

If your procedure is scheduled in the General Operating Room at GBMC:

You are to report to Surgical Admitting on the 4th floor in GBMC on the day of surgery. Enter through the Emergency Department entrance and follow the signs to the General Operating Rooms (GOR-4th floor).

If your procedure is scheduled in the Sherwood Surgical Center:

You are to report to Sherwood Surgical Center on the 3rd floor (main floor) in GBMC on the day of surgery. Please go to the main lobby area and follow the signs to Sherwood or ask the information desk for assistance.

PRIOR TO YOUR SURGERY, if you are having anesthesia, you must have pre-surgical testing. This can either be done by your primary care physician or at Good Samaritan Hospital or GBMC (if permitted by your insurance plan). Our office has provided you and your primary care physician with a detailed list of what pre-surgical testing must be done. Please refer to that list for additional information.

ADDITIONAL INSTRUCTIONS:

- If you are having anesthesia or sedation, **DO NOT EAT OR DRINK ANYTHING AFTER 12:00 MIDNIGHT THE NIGHT BEFORE THE PROCEDURE.** This includes coffee, tea, chewing gum, or mints. Failure to comply with this requirement may result in the cancellation of your procedure.
- **Stop Coumadin (Warfarin) 3 days before your procedure.** Do not take Glypizide, Glyberide, Avandia, Actos, or Glucotrol the morning of the procedure. Do not take Avandamet, Glucophage, Glucovance, Metformin, Fortamet, or Metaglip during the 24 hour period prior to your procedure. Tyclid and Plavix must be stopped 7 days prior to your procedure. **Except for those listed above, you may take your usual medications with a sip of water the morning of the procedure.**
- The following herbs should be discontinued 1-2 weeks prior to your procedure: Garlic, Ginko Biloba, Feverfew, St. Johns Wort, and Ginseng.
- If you are discharged on the day of your procedure, and you have had anesthesia, **YOU MUST HAVE SOMEONE AVAILABLE TO DRIVE YOU HOME.** You will not be allowed to drive after undergoing anesthesia or sedation.
- *NOTE: Our office must be notified of any cancellations 48 hours in advance.*

Good Samaritan Office
443-444-3431

GBMC Office
410-512-8686

Greater Baltimore Vascular Surgery