



*Good Samaritan Hospital
Vascular Surgery*

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DISCHARGE INSTRUCTIONS

Patient care instructions after

Dialysis Access Graft/Fistula Creation or Upper Extremity Bypass

ACTIVITY

- No driving or heavy lifting.
- You may ambulate as tolerated.

DIET

- Resume your pre-hospitalization diet.

MEDICATIONS

- Resume all pre-hospitalization medications unless instructed otherwise.
- Take one aspirin, Ecotrin, or Ascriptin every day (325 mg)
- Use painkillers as prescribed and as needed. Take with food to decrease the chance of upset stomach.

DRESSINGS

- You may leave your incisions open to air after 48 hours. If there is any drainage from the incision, you may cover it with a 4x4 gauze pad after cleaning the incision with hydrogen peroxide.

SPECIAL INSTRUCTIONS

- You may shower 48 hours after discharge from the hospital.
- No tub bathing for 14 days.
- Mild temperature elevation or redness around the incision is normal after surgery. Call the office for temperature greater than 101 or for significant wound problems.
- If you develop excessive drainage from your incisions, opened incisions, severe pain in your arm, or change in the color or temperature of your hand, call us.
- We will see you in our offices 1 to 2 weeks after surgery for your follow-up visit. If you do not have an appointment, please call us today to schedule one.
- For any other questions or problems, please feel free to call us.

Good Samaritan Office
443-444-3431

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410-512-8686

Greater Baltimore Vascular Surgery