



Good Samaritan Hospital
Vascular Surgery

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DISCHARGE INSTRUCTIONS

Patient care instructions after Lower Extremity Bypass and

Endograft Repair of Abdominal Aortic Aneurysm

Endovascular Aneurysm Repair

Mesenteric Reconstruction

ACTIVITY

- No driving or heavy lifting.
- You may ambulate as tolerated.
- **ELEVATE** your legs on 2 or 3 pillows while in bed or sitting. You may experience significant swelling in your leg after bypass surgery. This is expected and is best controlled by elevating the leg as much as possible.

DIET

- Resume your pre-hospitalization diet.

MEDICATIONS

- Resume all pre-hospitalization medications unless instructed otherwise.
- Take one aspirin, Ecotrin, or Ascriptin every day (325 mg)
- Use painkillers as prescribed and as needed. Take with food to decrease the chance of upset stomach.

DRESSINGS

- You may leave your incisions open to air. If there is any drainage from the incision, you may cover it with a 4x4 gauze pad after cleaning the incision with hydrogen peroxide.

SPECIAL INSTRUCTIONS

- You may shower 48 hours after discharge from the hospital.
- No tub bathing for 14 days.
- Mild temperature elevation or redness around the staples is normal after surgery. Call us for temperature greater than 101 or for significant wound problems.
- If you develop excessive drainage from your incisions, opened incisions, severe pain in your leg, or change in the color or temperature of your foot, call us.
- We will see you in the office 1 to 2 weeks after surgery for your follow-up visit. If you do not have an appointment, please call us today to schedule one.
- For any other questions or problems, please feel free to call us.