



*Good Samaritan Hospital
Vascular Surgery*

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DISCHARGE INSTRUCTIONS

Patient care instructions after Angiogram, Balloon Angioplasty Procedures, Stenting, Thrombolysis, and Hydrolysis Procedures

ACTIVITY

- You may resume your normal activities in 24 hours unless instructed otherwise.
- Do not drive for 24 hours.
- Do not lift anything greater than 10 lbs for 48 hours.

DIET

- Resume your pre-hospitalization diet.

MEDICATIONS

- Resume your pre-hospitalization medications.
- Take extra strength Tylenol, 2 tablets every 6 hours as needed for pain.
- Drink extra fluids for the next 24 hours to flush the contrast dye from your system.

DRESSINGS

- Replace hospital dressing with band-aid in 24 hours. Band-aid may be removed 2 days after procedure.

SPECIAL INSTRUCTIONS

- You may shower in 24 hours.
- Expect some bruising and swelling at the catheterization site. This is normal, as is a small amount of swelling in the leg or arm of the catheter site.
- **Call immediately if you are experiencing any of the following:**
 1. **Bleeding or 'golf ball sized' swelling at the catheter puncture site. Apply pressure with your finger to stop the bleeding. If the bleeding does not stop, go to the Emergency Room or call 911 for assistance.**
 2. **Your foot or hand becomes cold, blue, numb, painful, or extremely swollen.**
- Call us for any other problems or questions.
- Call us for a post-procedure appointment.
- If your insurance plan requires referrals, you will need to request a referral from your primary care physician for this post-procedure office visit. If you are not bringing your referral with you at the time of your appointment, please make sure that our office has received the referral before you arrive for your visit.

Good Samaritan Office
443-444-3431

GBMC Office
410-512-8686

Greater Baltimore Vascular Surgery