



*Good Samaritan Hospital*  
*Vascular Surgery*

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## **DISCHARGE INSTRUCTIONS**

### **Patient care instructions after Carotid Artery Surgery**

#### **ACTIVITY**

- No driving or heavy lifting for 7 days after discharge from the hospital.
- You may walk and climb stairs as tolerated after you are home.
- You may bathe or shower the day after discharge from the hospital.

#### **DIET**

- Resume pre-hospitalization diet.

#### **MEDICATIONS**

- Resume your pre-hospitalization medications unless instructed otherwise.
- Take one aspirin, Ecotrin, or Ascriptin every day (adult strength 325 mg).
- Take Extra Strength Tylenol, 2 tablets every 4-6 hours as needed for pain.

#### **DRESSINGS**

- You may leave your incision open to air. If there is any drainage from the incision, you may cover it with a 4x4 gauze pad after cleaning the incision with hydrogen peroxide.

#### **SPECIAL INSTRUCTIONS**

- Expect some swelling around your incision. If there is excessive swelling or bleeding, call us.
- Patients sometimes experience numbness around the incision, jaw, and face on the same side as the surgery. This is normal after surgery and will resolve with time.
- If you develop temporary blindness, slurred speech, weakness and/or loss of use of your arms or legs on one side of your body, or other such problems, call us immediately.
- We will see you in our offices one to two weeks after surgery for your follow-up visit. If you do not have an appointment, please call us today to schedule.
- Mild temperature elevation or redness in a wound is normal after surgery. Call us for a temperature greater than 101 or significant wound problems.
- For any other questions or problems, feel free to call us.

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*Greater Baltimore Vascular Surgery*